

Simply Nice Tours



South and West Wales



Welcome to Simply Nice Tours (SNT)! We specialize in trips that allow you to experience the unique character, history, and present-day life of the places you visit.

This 5 day / 4 nights c tour of South and West Wales. With its historic places, medieval castles, modern capital city and parliament to a Roman amphitheatre, Celtic culture, interesting people, spectacular coastline and beautiful countryside. The proposed daily itineraries will be coordinated by SNT guides with a wealth of knowledge about the history and culture of the area and local lore. SNT is flexible, so just let us know y o u r interests and needs. We look forward to helping you have a very memorable few days in South and west Wales.

DAY 1 - ARRIVAL DAY

Meet at Newport Railway Station

We will visit the large Amphitheatre where you can test the acoustics and walk where gladiators did battle. To the barracks next where we can get an idea of what the living quarters were like for soldiers in Roman Britain. The Roman baths have been excavated and the remains are preserved in a building with interpretive displays. The museum is our last stop in Caerleon and this is a great collection of all the exciting finds from the area.

We travel through the famous South Wales valleys until we reach Big Pit a Coal mining museum where you get the exciting opportunity to go underground and find out about the lives of miners and their families. At nearby Blaenafon we visit the ancient furnaces and miners cottages made famous in the BBC Coal House series.

Your first night will be spent in the Tintern or Usk area, in one of our favourite hotels or guest houses.

DAY 2 - CASTLES & THOMAS

We travel westwards, this schedule can vary depending on your interests and walking ability.

Carreg Cennan Castle

Set high on a limestone crag on the edge of the Brecon Beacons the castle offers spectacular views. You can explore the cave that lies underground and stretches right under the castle.

Llandeilo lunch and browse

This market town has a fine selection of shops pubs and cafes and has the reputation of a good food centre visit the award winning ice cream shop for example. St Teilos well near to the church is worth a visit.



Simply Nice Tours

South and West Wales

DAY 2 - continued

Dryslwyn castle

The castle is set on a hill beside the meandering river Twyi. We will climb up to the castle and explore ruins of a medieval town that serviced the castle as well as the castle itself. It dates from the 13th century and was held by Welsh Princes as well as the English crown at various times throughout its' troubled past.

We head off again and there is an optional visit to **Laugharne** if you would like to visit the small sea side town that inspired Dylan Thomas to write Under Milkwood, then we can call in and see the Boathouse where he lived and peer into the shed where he wrote, it is preserved as he left it. We can have a swift drink in Browns Hotel where he drank and where there are many souvenirs and pictures relating to Thomas and his time in Laugharne.

If the delights of Dylan do not inspire you then an alternative stop off is Llanwddan where there is another splendid castle. This one was built by the Bishops of St Davids between the 12th and 16th centuries; there is also a medieval hospital that was an important stop over for medieval pilgrims on their way to St Davids.

Accommodation will be in St Davids.



DAY 3 - STRUMBLE HEAD AND ST DAVIDS

Llanwnda

Small village overlooking Strumble Head here we will view Garn Wnda burial chamber Neolithic chamber set into side of rocky outcrop that has stunning views over the Irish Sea. Medieval well hidden amongst trees on the old village green this well would have been an important feature to pilgrims who passed this way as they neared St Davids. The Celtic style church is set on an ancient early Christian site and set in the wall are many fine inscribed stones. Inside the church we see evidence of the Last invasion of Britain in 1797.



Garn Fawr - A Prehistoric Hillfort with original dry stone walls. On a clear day the view stretches from Snowdon to the Llyn Peninsula and across the Irish Sea to the Wicklow Mountains.

Tregwynt Woollen Mill - This mill is still working a chance to see the looms in action and visit the shop.

We lunch at Porthgain, at a harbourside pub called the Sloop where fresh fish is served daily

Carreg Samson Abercastle - A fantastic Neolithic Cromlech overlooking the cliffs of Abercastle Harbour.

We then take a Coastal route to St Davids, this is Britain's smallest city we will visit the magnificent Cathedral and Bishops Palace. Set in a valley below the tiny city the Cathedral has an inspiring atmosphere. Pilgrims have been welcomed here for centuries. We will also visit another atmospheric site near by at St Nons. It was here on the rocky cliff top that St David was reputedly born to St Non. Legend states that a spring sprang up and that the water in the well there, can cure many infirmities. There is an ancient ruined chapel and an inscribed cross.

Accommodation will be in St Davids.



Simply Nice Tours

South and West Wales

DAY 4 - PENTRE IFAN BURIAL CHAMBER

This is Pembrokeshire's flagship ancient site and is deservedly famous. The chamber is set on the side of Carn Ingli and overlooks sweeping Newport bay.

Nevern is the next stop where we visit the church with its famous bleeding Yew tree and Celtic cross. We will also see some very important inscribed Ogham stones. The Pilgrims cross at Nevern is carved into a rock face and nearby we can see footprints left by the pilgrims as they climbed a soft rocky path hundreds of years ago. Nevern Castle is a Norman Motte and Bailey structure with a colourful past. Now overgrown with trees, it is perched romantically on the side of a steep ravine.

Lunch can be taken in a local pub or if preferred, a snack lunch may be found in the small medieval town of Newport where we will visit another burial chamber Carreg Coetan Arthur

We travel eastwards then to the stone circle at Gors Fawr set in a natural amphitheatre in the Preseli hills, overlooked by the jagged outcrops of Carn Meini source of the Stone Henge Bluestones. We tour the Preselis and if there is time can visit the Iron Age hill fort at Castell Henll

Accommodation will be in St Davids.

DAY 5 - CARMARTHEN & ST FAGAN'S MUSEUM

Into Carmarthenshire where we visit Carmarthenshire museum and onward to St Fagins Welsh folklore museum, this is our next port of call. Every building in this amazing collection has been saved from demolition. Each stone or brick has been taken apart numbered stored and re built exactly as it was in situ. There are examples of early farmhouses, chapels, a school, a tannery, bakery, cottages, gardens and craft demonstrations. The collection is set in the grounds of the wonderful St Fagins Castle which may also be visited. The museum on site has a large collection of cultural items including costumes and shows life in Wales through out the centuries.

We bid you farewell then and drop you at Cardiff rail station at approx 5pm



Simply Nice Tours

South and West Wales

PRICES:

Name of Tour	South & West Wales Tour
Number of Days/Nights	5 days / 4 Nights
Price per Person based on two people sharing a twin or double room.	\$1,410.00
Start	Newport Railway Station
End	Newpoer Railway Station
Premium rooms may be available on some tours, please email for price. Space may be available for a solo traveler, please email for availability and price. All prices are subject to change without notice, your deposit will lock in your price, guide and tour dates. Email - simplynicetours@comcast.net	

TOUR PRICE INCLUDES:

- Guide Services
- Transfer
- B&B accommodation with an en-suite room
- Full breakfast for each night of accommodation

TOUR PRICE DOES NOT INCLUDE:

- Air travel
- Lunch, Dinners and beverages, you choose when to eat, what to eat and how much you spend.
- Admissions, train or boat you only pay for the admissions and rides that interest you.
- Any travel related insurance coverage.

AIR:- Please confirm your air arrangements with us before booking with the airline.

We reserve the right to change the sequence of days, or, itinerary due to weather, or other unforeseen circumstances.

CONTACT - We look forward to hearing from you.

Simply Nice Tours LLC.
simplynicetours@comcast.net



www.simplynicetours.com