

# Simply Nice Tours

## South & West Wales



This is a 5 day / 4 nights tour of South and West Wales.

### DAY 1

We meet at Newport Railway Station and then A visit to Caerleon to the large Amphitheatre where you can test the acoustics and walk where gladiators did battle. At the Roman barracks we get an idea of what the living quarters were like for soldiers in Roman Britain. The Roman baths have been excavated and the remains are preserved in a building with interpretive displays. The museum is our last stop in Caerleon and this is a great collection of all the exciting finds from the area.

The ruins of Tintern abbey gained fame from the poetry of William Wordsworth. The abbey fell into ruin after the Dissolution of the Monasteries by Henry VIII when he broke form the Church of Rome so he could marry Anne Boleyn.

Your first night will be spent in the Tintern area, at one of our favourite hotels or guest houses.



### Day 2

We travel westwards, this schedule can vary depending on your interests and walking ability. We travel through the famous South Wales valleys until we reach Big Pit a Coal mining museum where you get the exciting opportunity to go underground and find out about the lives of miners and their families. At nearby Blaenafon we visit the ancient furnaces and miners cottages.

A stop along the way in Llandeilo for lunch and browsing before a visit to Carreg Cennan Castle is set high on a limestone crag on the edge of the Brecon Beacons National Park. The castle offers spectacular views. You can explore the cave that lies underground and stretches right under the castle.

We end our day in St David's Britain's smallest city. St David's is a magnificent Cathedral and Bishop's Palace. The Cathedral has an inspiring atmosphere. Pilgrims have been welcomed here for centuries. Our accommodation today will be in St David's.



National Museum of Wales

### Day 3

Llanwnda is a small village overlooking Strumble Head here we will view Garn Wnda burial chamber Neolithic chamber set into side of rocky outcrop that has stunning views over the Irish Sea. Hidden amongst trees on the old village green is a well dating back to medieval times when pilgrims would pass this way as they neared St David's. The Celtic style church is set on an ancient early Christian site.

Garn Fawr - A Prehistoric Hill-fort with original dry stonewalls. On a clear day the view stretches from Snowdon to the Llyn Peninsula and across the Irish Sea to the Wicklow Mountains.

Tregwynt Woollen Mill - This mill is a working mill where you can see the looms in action.

We lunch at The Sloop Inn harbour side pub at Porthgain. The Sloop has a reputation for its fresh fish served daily.

Carreg Samson Abercastle - A fantastic Neolithic Cromlech overlooking the cliffs of Abercastle Harbour.

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### DAY 4

Pentre Ifan is Pembrokeshire's flagship ancient site and is deservedly famous. The chamber is set on the side of Carn Ingli and overlooks sweeping Newport bay.

The next stop is Nevern where we visit the church with its famous bleeding Yew tree and Celtic cross. We will also see some very important inscribed Ogham stones. The Pilgrims cross at Nevern is carved into a rock face and nearby we can see footprints left by the pilgrims as they climbed a soft rocky path hundreds of years ago. Nevern Castle is a Norman Motte and Bailey structure with a colourful past. Now overgrown with trees, it is perched romantically on the side of a steep ravine.

Lunch can be taken in a local pub in the small medieval town of Newport where we will visit another burial chamber Carreg Coetan Arthur

We travel eastwards then to the stone circle at Gors Fawr set in a natural amphitheatre in the Preseli hills, overlooked by the jagged outcrops of Carn Meini source of the Stonehenge Bluestones. If there is time we may visit the Iron Age hill fort at Castell Henll.

Accommodation will be in St David's.



### DAY 5 -

We drive east through Carmarthenshire St Fagan's Welsh folklore museum, this is our next port of call. Every building in this amazing collection has been saved from demolition. Each stone or brick has been taken apart numbered stored and re built exactly as it was in situ. There are examples of early farmhouses, chapels, a school, a tannery, bakery, cottages, gardens and craft demonstrations. The collection is set in the grounds of the wonderful St Fagan's Castle which may also be visited. The museum on site has a large collection of cultural items including costumes and shows life in Wales throughout the centuries.

We bid you farewell at Cardiff rail station at approx 6 pm



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### PRICES:

Name of Tour	South & West Wales
Number of Days/Nights	65Days / 4 Nights
Price per Person based on two people sharing a twin or double room.	\$1,410.00
Start	Newport Gwent Railway Station
End	Newport Gwent Railway Station

Premium rooms may be available on some tours, please email for price.  
Space may be available for a solo traveller, please email for availability and price.  
All prices are subject to change without notice, your deposit will lock in your price, guide and tour dates.

### TOUR PRICE INCLUDES:

- Guide Services
- Transfer
- B&B accommodation with an en-suite room
- Full breakfast for each night of accommodation

### TOUR PRICE DOES NOT INCLUDE:

- Air travel
- Lunch, Dinners and beverages, you choose when to eat, what to eat and how much you spend.
- Admissions, train or boat you only pay for the admissions and rides that interest you.
- Any travel related insurance coverage.

AIR:- Please confirm your air arrangements with us before booking with the airline.

**We reserve the right to change the sequence of days, or, itinerary due to weather, or other unforeseen circumstances.**

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